

**REGISTRATION FORM & WAIVER: PLEASE PRINT CLEARLY!**

**Name:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**City, Province, Postal Code:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Birthday:** \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_ **Emergency Contact Number:** \_\_\_\_\_

OFFICE USE ONLY				
Pass Code:				
Amount Paid:				
Method of Pmt:	Cash	Debit	CC	Chq

**How long have you been practicing Yoga?** \_\_\_\_\_

**How did you hear about Yoga Seven?**

**Please describe any injuries, ailments, or medications that our instructors should know about:**

**Terms and Conditions**

1. The instruction offered by Yoga Seven is limited to that of instruction in basic yoga and health.
2. Even with clear instruction, there is a possibility of injury, and it is your responsibility to consult with a physician regarding your ability to participate before coming to Yoga Seven.
3. You attest that you have no psychological, medical, or emotional condition that would prevent you from safe participation in a hot or non-heated yoga class.
4. You release and discharge Yoga Seven, its directors, and the Yoga instructors from any and all liability, claim, demand, or action that you may have resulting from injury, death, or damages arising from your participation in a yoga class or event at the yoga studio, including loss that may be caused by the negligence of the released party.
5. You release and discharge Yoga Seven, its directors, and the yoga instructors from any and all liability, claim, demand or action that you may have related to the loss of, theft of, or damage to any of your personal belongings on Yoga Seven's premises.
6. You agree that, when you attend a class, you will be set up in the practice room at least five minutes before the class begins, and that you may be refused entry if you arrive after this time.
7. You recognize that this agreement of release and waiver of liability is a legal contract and that, by reading it carefully, you have complete knowledge of its contents.

**I understand (Please initial here):** \_\_\_\_\_

**E-mail Communications**

Yoga Seven never sells, distributes, or uses your email for any purpose other than informing you about your account, relevant classes and workshops, the studio, and information about the Yoga Seven community that we deem relevant and useful to you. You can unsubscribe from e-mail communications at any time by requesting this in person, or via a link.

- Yoga Seven may communicate with me by e-mail about my account, class pass expirations, class reservations, class and event cancellations, and free birthday classes.
- I wish to receive the monthly Yoga Seven Newsletter, and to be informed by e-mail of occasional schedule changes, studio closures, and special events at Yoga Seven.

**I agree (Please initial here):** \_\_\_\_\_

**I agree (Please initial here):** \_\_\_\_\_

**I have read this waiver and fully understand its content and meaning, and sign it of my own free will.**

**Signature of Participant:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**If the participant is under the age of 18 years:**

As the legal guardian of (*print minor's name*) \_\_\_\_\_, I, (*print name*) \_\_\_\_\_ consent to the above terms and conditions.

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_